

2025



A Meal Program for Older Adults living in the RM of Macdonald

| SUNDAY | MONDAY   | TUESDAY                          | WEDNESDAY   | THURSDAY   | FRIDAY | SATURDAY |
|--------|--|----------------------------------|---|--|--------|----------|
|        | 1 No Meal<br><b>Labour Day</b>   | 2                                | 3 Starbuck @11:45<br><b>Pickeral</b>  | 4 Sanford @11:45<br><b>Roast Chicken</b>   | 5      | 6        |
| 7      | 8 La Salle @ 11:45<br><b>Soup and Sandwiches</b>                               | 9                                | 10 Starbuck @11:45<br><b>Liver n Onions</b>   | 11 Sanford @11:45<br><b>Perogies and Farmer's Sausage</b><br><b>Frauds and Scams-Access C.U.</b> | 12     | 13       |
| 14     | 15 Brunkild@ 11:45<br><b>Surprise</b>  | 16                               | 17 Starbuck @11:45<br><b>Salmon</b><br><b>Frauds and Scams-Access C.U.</b>  | 18 Sanford @ 11:45<br><b>Pickeral</b>  | 19     | 20       |
| 21     | 22 La Salle @ 11:45<br><b>Meat Loaf</b><br><b>Frauds and Scams-Access C.U.</b> | 23                               | 24 Starbuck @11:45<br><b>Beef Stew</b>  | 25 Sanford @ 11:45<br><b>Soup &amp; Sandwiches</b>   | 26     | 27       |
| 28     | 29 La Salle @<br><b>Chicken</b>  | 30<br>Truth & Reconciliation Day | <p>Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.</p> <p><b>We will try to accommodate special dietary requests.</b></p> <p><b>Please call ahead to confirm.</b></p> <p>Menu subject to change.</p> <p><b>\$10 per person</b></p> |  |        |          |

